

The Bad Tuesday Plan

For days when the plan has met reality and reality appears to be winning.

TODAY'S CAPACITY

Be honest. This is data, not a moral score.

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1

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01

MUST HAPPEN

Three is a maximum, not a target.

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02

WOULD MAKE TODAY LIGHTER

Useful, kind, or relieving counts.

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THE TINY FIRST MOVE

Write the first physical action, not the entire project.

NOT FOR TODAY

Park it here so your brain can stop holding it.

*A smaller plan
is still a plan.*

PERMISSION SLIP